

Questions to ask your doctor

Cancer risk ?

Based on my **family history** and **lifestyle**, am I at risk for the following cancers?

- Breast
- Ovarian
- Cervical
- Prostate

- Lung
- Colon
- Skin



If you're at risk for any of these cancers, visit mdanderson.org/prevention.

Healthy lifestyle ?



What **nutrition** recommendations should I follow?



What **exercise** recommendations should I follow?



Are there other things I should be doing to reduce my cancer risk?

Other questions:
