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TABLE OF CONTENTS

Suspicious Testicular Cancer	Page 2
Pure Seminoma: Workup and Clinical Stage	Page 3
Stage I Pure Seminoma: Post-orchietomy Management	Page 4
Advanced Seminoma: Management	Page 5
Seminoma: Treatment and Follow-up	Page 6
Nonseminomatous Germ Cell Tumor (NSGCT): Workup and Clinical Stage	Page 7
Stage I Nonseminoma: Post-orchietomy Management	Page 8
Stage IIA, IIB, IIC, IIIA, IIIB Nonseminoma: Post-orchietomy Management	Page 9
Stage IIIC (Poor Prognosis) Nonseminoma: Initial Management	Page 10
Nonseminoma: Post-chemotherapy Management	Page 11
Nonseminoma: Post-chemotherapy Recurrence	Page 12
APPENDIX A: International Classifications for Germ Cell Cancer	Page 13
APPENDIX B: IA, IB Nonseminoma Surveillance	Page 14
APPENDIX C: Nonseminoma Surveillance after Complete Response to Chemotherapy and/or Retroperitoneal Lymph Node Dissection (RPLND)	Page 14
Suggested Readings	Pages 15-16
Development Credits	Page 17

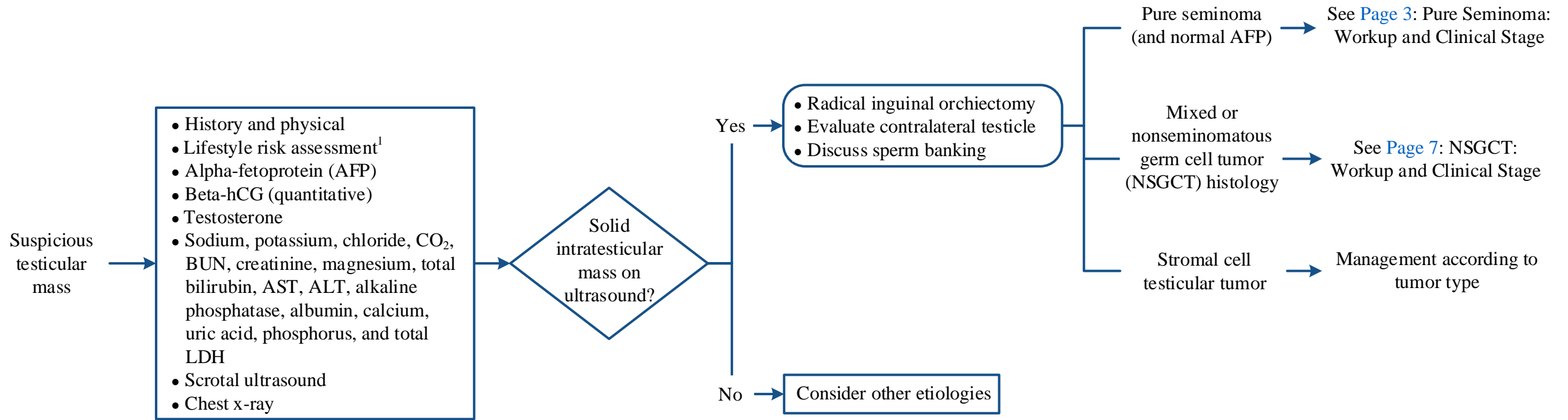
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Note: Consider Clinical Trials as treatment options for eligible patients.

CLINICAL PRESENTATION

INITIAL EVALUATION

TUMOR HISTOLOGY



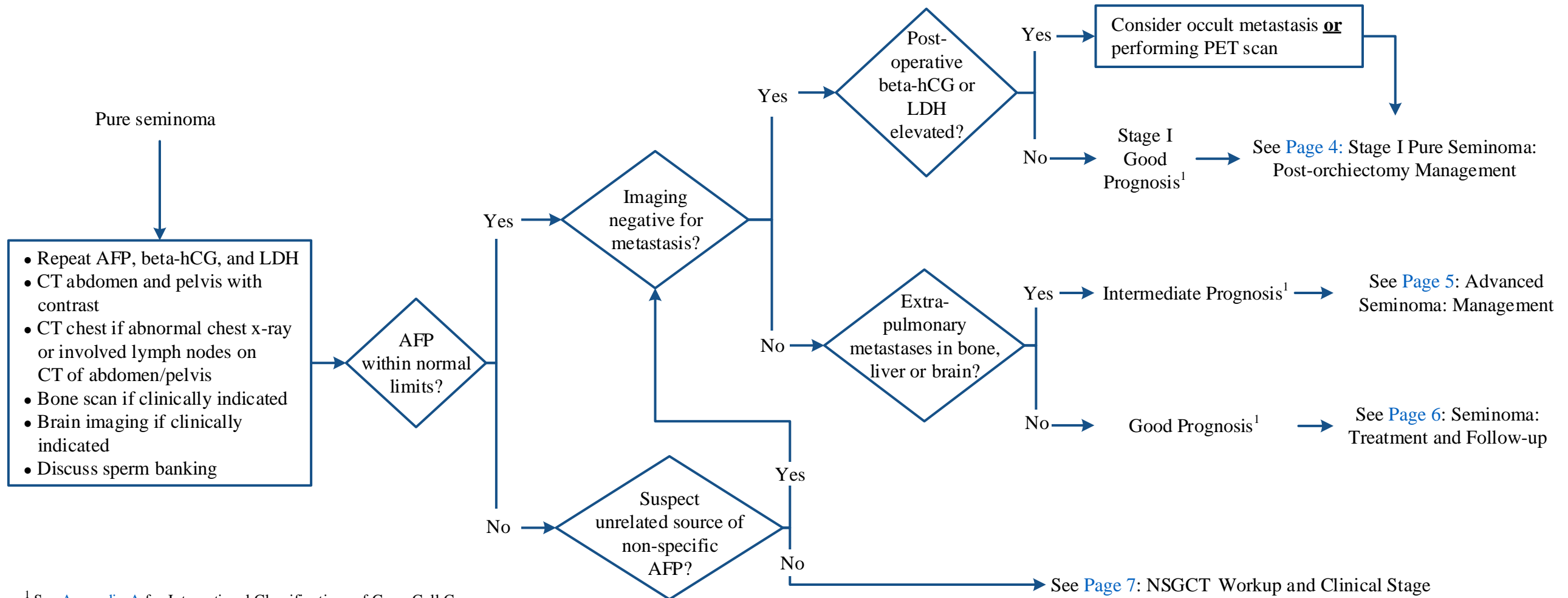
¹ See [Physical Activity](#), [Nutrition](#), and [Tobacco Cessation](#) algorithms; ongoing reassessment of lifestyle risks should be a part of routine clinical practice

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HISTOLOGY

FURTHER WORK-UP



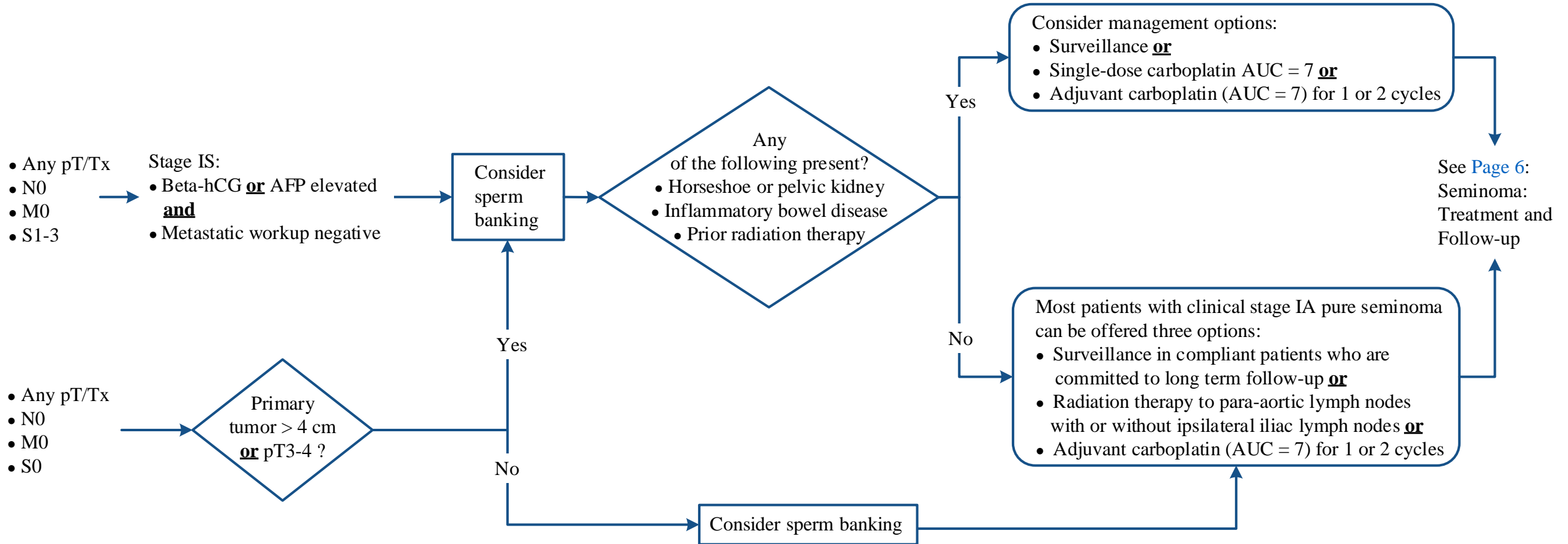
¹ See [Appendix A](#) for International Classifications of Germ Cell Cancer

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TUMOR MARKERS AND STAGING

TREATMENT



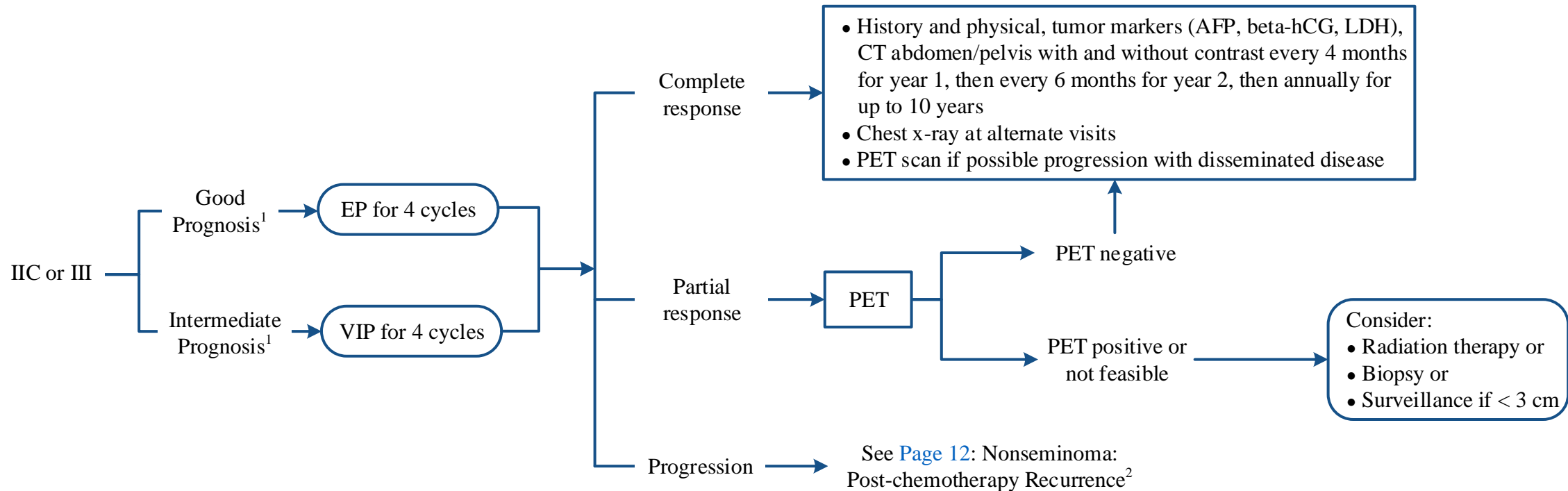
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CLINICAL STAGE/TREATMENT

RESPONSE TO TREATMENT

FOLLOW-UP



EP = etoposide and cisplatin

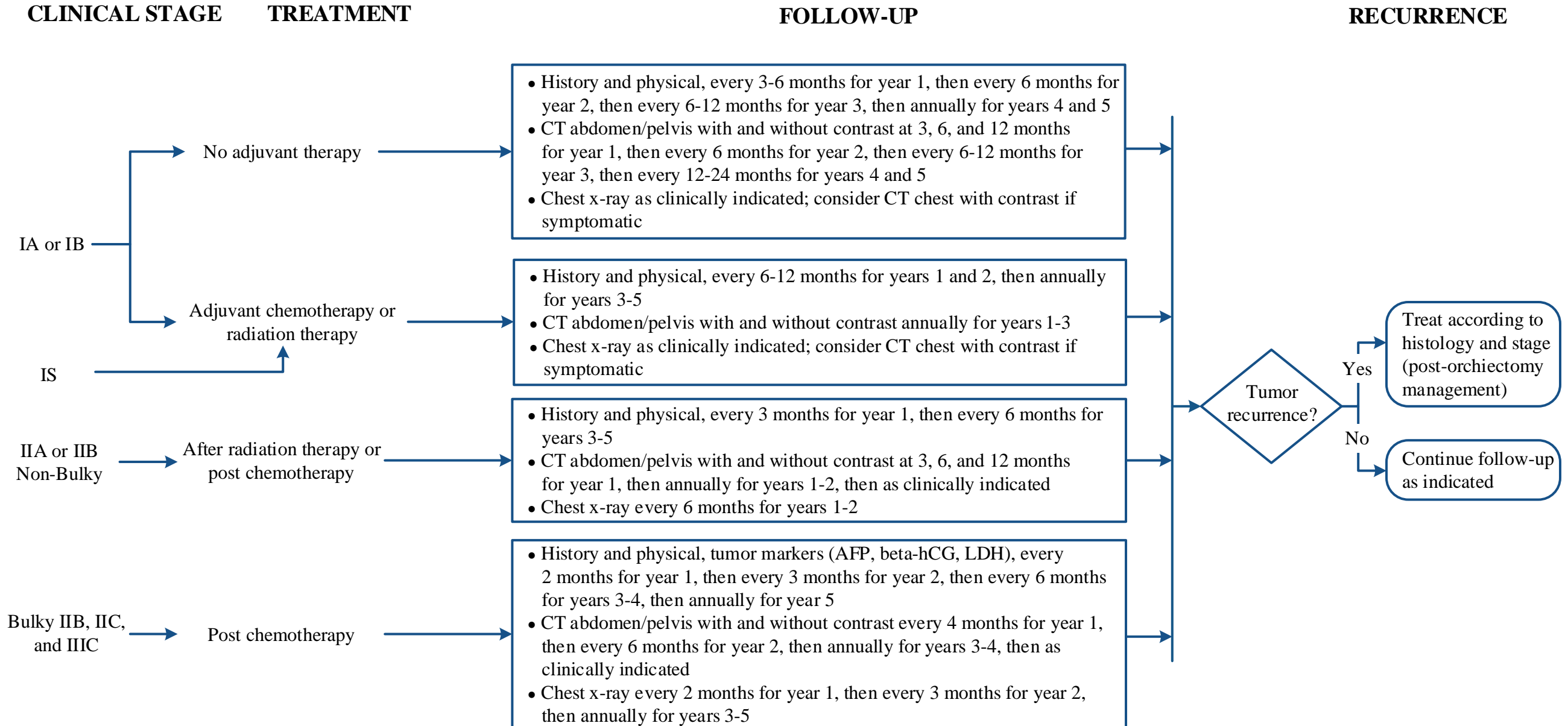
VIP = etoposide, ifosfamide, and cisplatin

¹ See [Appendix A](#): International Classifications of Germ Cell Cancers

² Seminoma that is refractory to chemotherapy is rare and should be managed as nonseminoma

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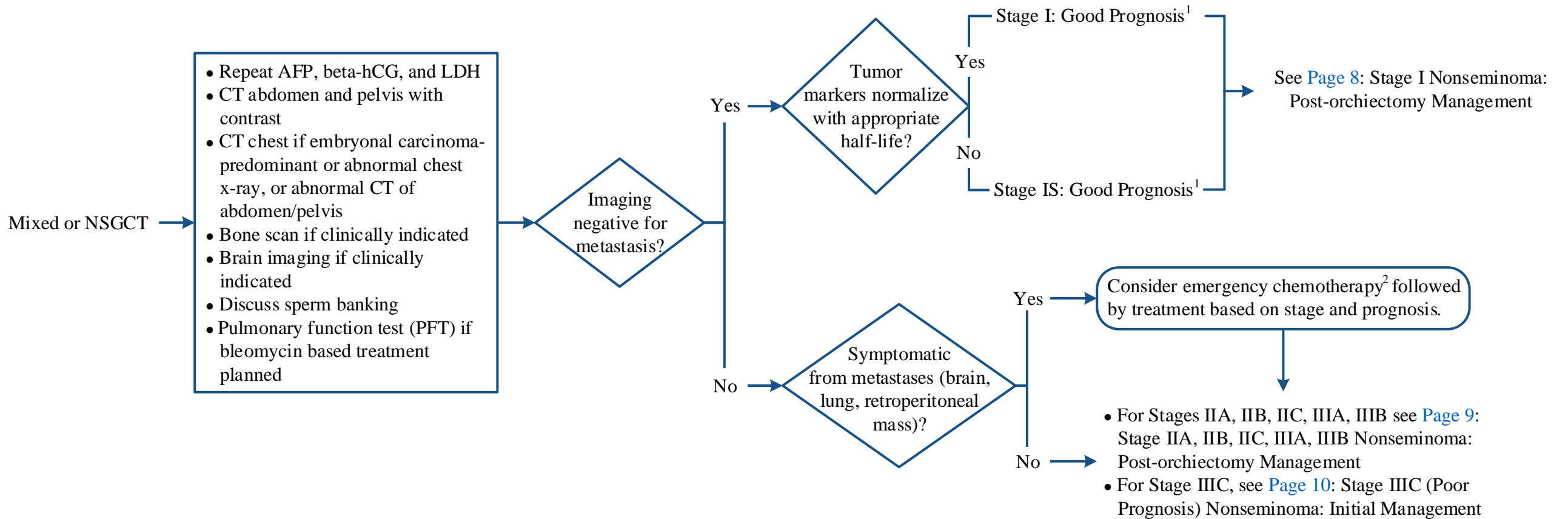


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HISTOLOGY

FURTHER WORK-UP



¹ See Appendix A: International Classifications of Germ Cell Cancer

² It is acceptable to administer emergency chemotherapy to selected patients with advanced metastatic NSGCT on the basis of clinical presentation before orchiectomy, and without a tissue diagnosis

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TUMOR MARKERS AND STAGING

- Any pT/Tx
- N0
- M0
- S1-3

- Stage IS:
- Beta-hCG **or** AFP elevated **and**
 - Metastatic workup negative

Consider sperm banking

2 cycles BEP

See [Page 11](#):
 Nonseminoma:
 Post-chemotherapy
 Management

MANAGEMENT OPTIONS

- Any pT/Tx
- N0
- M0
- S0

High risk features¹?

Yes

High Risk –
 probability
 of recurrence is
 approximately 50%

Consider
 sperm banking

Embryonal
 carcinoma
 predominant?

Yes

Consider management options:
 • Surveillance (in compliant patients, pT1-2) **or**
 • Adjuvant chemotherapy (1-2 cycles BEP)

No

Consider management options:
 • Surveillance (in compliant patients, pT1-2)
 • Prophylactic RPLND
 • Adjuvant chemotherapy (1-2 cycles BEP)

See [Appendix B](#):
 IA, IB
 Nonseminoma
 Surveillance

No

Average Risk –
 probability of recurrence
 is approximately 30%

Consider sperm banking

Consider management options:
 • Surveillance (in compliant patients)
 • Prophylactic RPLND

BEP = bleomycin, etoposide, and cisplatin
 RPLND = retroperitoneal lymph node dissection

¹High Risk Features (in the primary tumor):

- Lymphovascular invasion
- Invasion of spermatic cord or scrotum (pT3-4)
- Invasion of tunica vaginalis
- Embryonal carcinoma predominant

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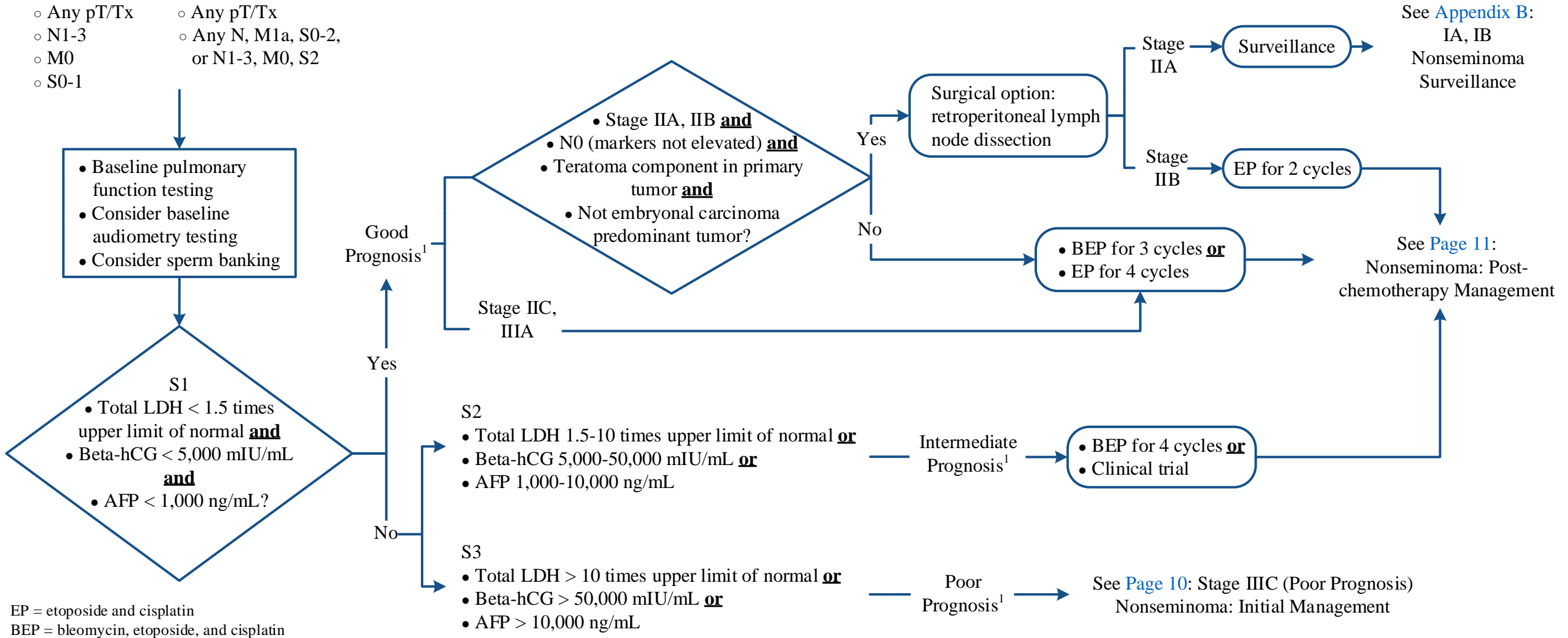
TUMOR MARKERS AND STAGING

• Stage IIA, IIB • IIC, IIIA and IIIB

- Any pT/Tx
 - N1-3
 - M0
 - S0-1
- Any pT/Tx
 - Any N, M1a, S0-2, or N1-3, M0, S2

PRETREATMENT WORKUP

TREATMENT



EP = etoposide and cisplatin
 BEP = bleomycin, etoposide, and cisplatin

¹ See [Appendix A: International Classifications of Germ Cell Cancer](#)

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TUMOR MARKERS AND STAGING

IIIC, Poor Prognosis:

- Any pT/Tx, Any N, M1b¹, Any S
- Total LDH > 10 times upper limit of normal **or**
- Beta-hCG > 50,000 mIU/mL **or**
- AFP > 10,000 ng/mL

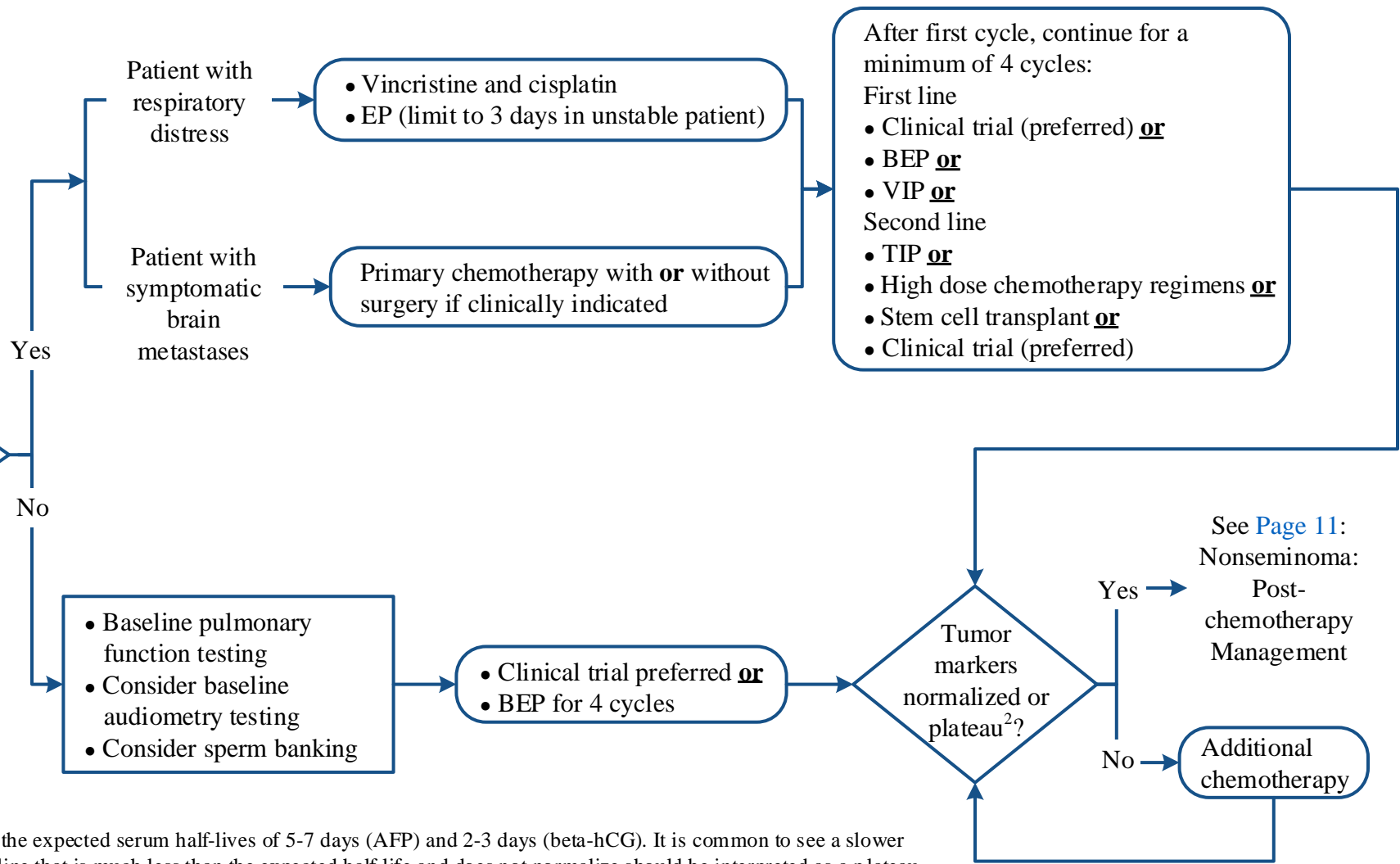
To avoid delay in the start of chemotherapy, the diagnosis can be made on clinical grounds and orchiectomy can be deferred

EP = etoposide and cisplatin
 BEP = bleomycin, etoposide, and cisplatin
 VIP = etoposide, ifosfamide, and cisplatin
 TIP = paclitaxel, ifosfamide, and cisplatin

¹ M1b - Distant metastases other than to non-regional lymph nodes and lungs

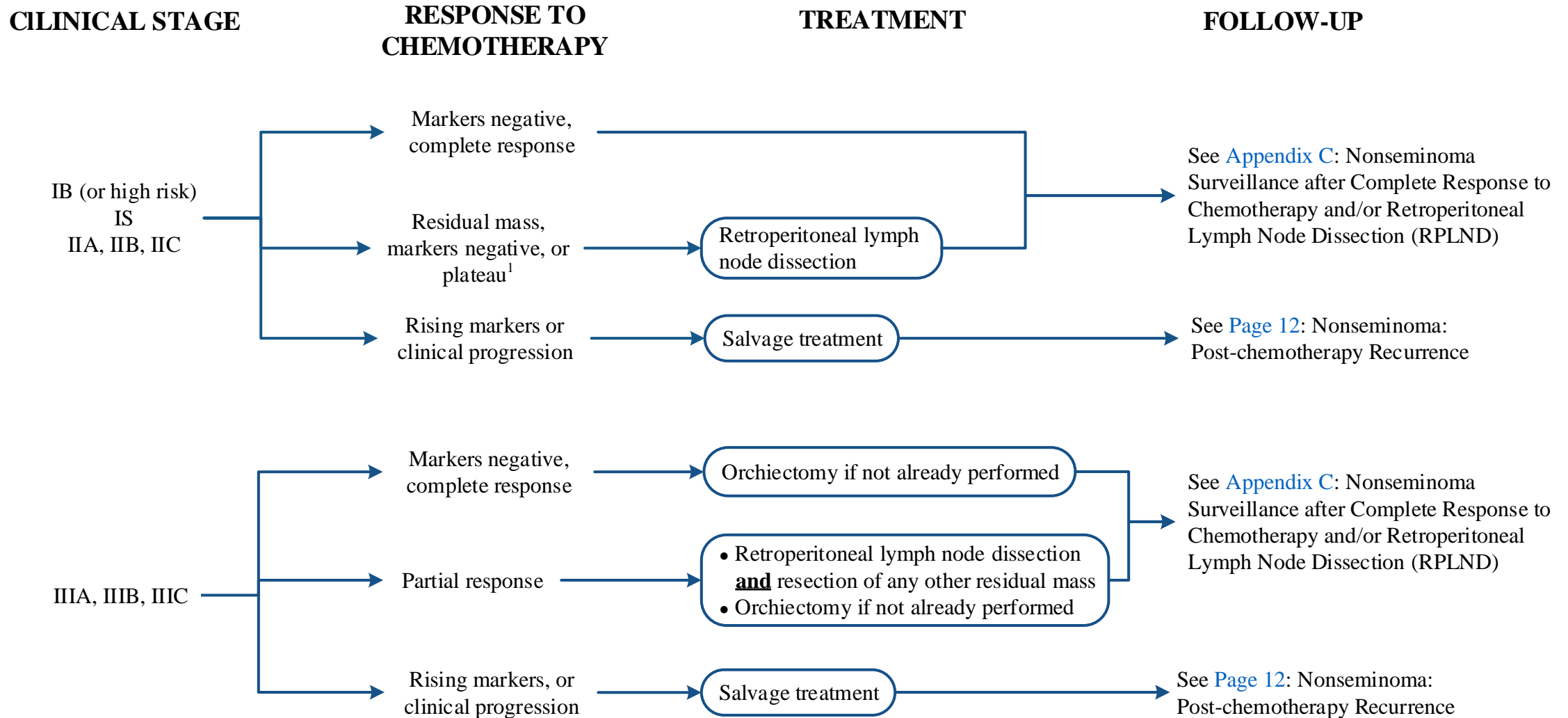
² Plateau: The observed rate of decline in tumor markers should be compared to the expected serum half-lives of 5-7 days (AFP) and 2-3 days (beta-hCG). It is common to see a slower rate of decline after the second cycle of chemotherapy. A continued rate of decline that is much less than the expected half life and does not normalize should be interpreted as a plateau. The decision to stop chemotherapy should be based on clinical judgement, taking into consideration the clinical status of the patient, which of the markers are elevated, extent of elevation, and after ruling out potential sources of spurious elevation.

TREATMENT



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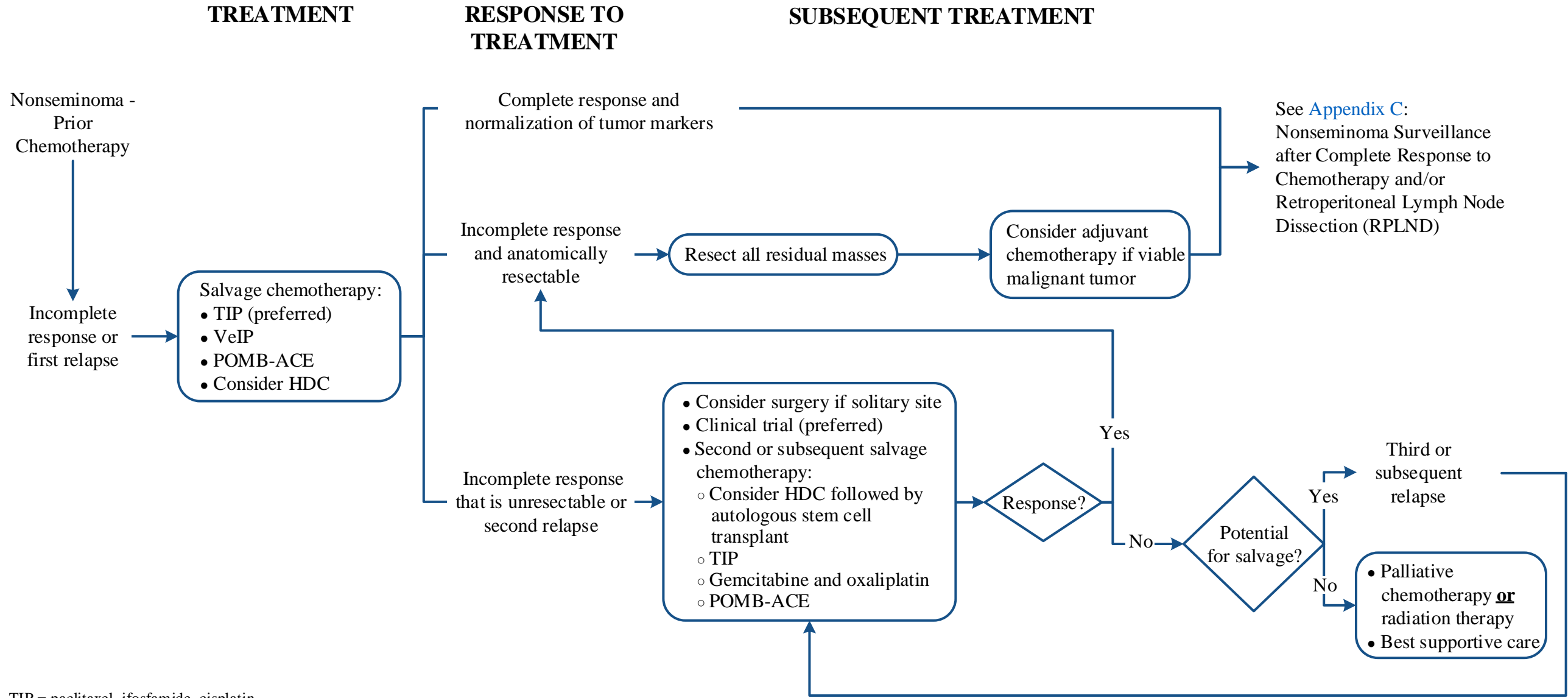
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¹ Plateau: The observed rate of decline in tumor markers should be compared to the expected serum half-lives of 5-7 days (AFP) and 2-3 days (beta-hCG). It is common to see a slower rate of decline after the second cycle of chemotherapy. A continued rate of decline that is much less than the expected half life and does not normalize should be interpreted as a plateau. The decision to stop chemotherapy should be based on clinical judgement, taking into consideration the clinical status of the patient, which of the markers are elevated, extent of elevation, and after ruling out potential sources of spurious elevation.

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TIP = paclitaxel, ifosfamide, cisplatin

VeIP = vinblastine, ifosfamide, cisplatin, mesna

POMB-ACE = cisplatin, vincristine, methotrexate and bleomycin alternating with actinomycin-D, cyclophosphamide, and etoposide

HDC = high-dose chemotherapy

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APPENDIX A: International Classifications for Germ Cell Cancers¹

		Nonseminoma	Seminoma
GOOD PROGNOSIS	FEATURES	Testes/retroperitoneal primary and No non-pulmonary visceral metastases and	Any primary site and No non-pulmonary visceral metastases and
	All Good Markers:		
	• AFP	< 1,000 ng/mL and	Normal
	• Beta-hCG	< 5,000 iu/L (1,000 ng/mL) and	Any value
	• LDH	< 1.5 times upper limit of normal	Any value
INTERMEDIATE PROGNOSIS	FEATURES	Testes/retroperitoneal primary and No non-pulmonary visceral metastases and	Any primary site and Non-pulmonary visceral metastases and
	Markers any of:		
	• AFP	≥ 1,000 and ≤ 10,000 ng/mL or	Normal
	• Beta-hCG	≥ 5,000 iu/L and < 50,000 iu/L or	Any value
	• LDH	≥ 1.5 times normal and ≤ 10 times normal	Any value
POOR PROGNOSIS	FEATURES	Mediastinal primary or Non-pulmonary metastases	No patients classified as poor prognosis
	Markers any of:		
	• AFP	> 10,000 ng/mL or	
	• Beta-hCG	≥ 50,000 iu/L (10,000 ng/mL) or	
	• LDH	> 10 times normal	

¹ From the International Germ Cell Consensus Classification from the International Germ Cell Cancer Collaborative Group

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APPENDIX B: IA, IB Nonseminoma Surveillance

Year	Visits, Markers, and Chest X-ray	CT Abdomen/Pelvis with and without contrast
1	Every 1-2 months	Every 4 months
2	Every 2-3 months	Every 6 months
3	Every 3 months	Every 6 months
4	Every 4 months	Annually
5	Every 6 months	Annually
6 and above	Annually	Annually

APPENDIX C: Nonseminoma Surveillance after Complete Response to Chemotherapy and/or Retroperitoneal Lymph Node Dissection (RPLND)

Year	Visits, Markers, and Chest X-ray	CT ¹ Abdomen/Pelvis with and without contrast
1	Every 2-3 months	Every 6 months
2	Every 2-3 months	Every 6-12 months
3	Every 4 months	Annually
4	Every 6 months	Annually
5	Every 6-12 months	Annually
6 and above	Annually	Every 12-24 months

¹ CT scans for patients treated with chemotherapy. Baseline CT scan for patients status post RPLND.

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SUGGESTED READINGS - continued

- Nieto, Y., Aldaz, A., Rifón, J., Pérez-Calvo, J., Zafra, A., Zufia, L., ... Centeno, C. (2007). Phase I and pharmacokinetic study of gemcitabine administered at fixed-dose rate, combined with docetaxel/melphalan/carboplatin, with autologous hematopoietic progenitor-cell support, in patients with advanced refractory tumors. *Biology of Blood and Marrow Transplantation*, 13(11), 1324-1337. doi:10.1016/j.bbmt.2007.07.008
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DEVELOPMENT CREDITS

This practice algorithm is based on majority expert opinion of the Genitourinary Center Faculty at the University of Texas MD Anderson Cancer Center. It was developed using a multidisciplinary approach that included input from the following:

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